

Attitude Classical Academy

Elevating Potential. Inspiring Excellence.

Attitude Classical Academy (ACA) is proud to offer an elite classical ballet program designed to inspire, challenge, and support the next generation of dancers. Our mission is to cultivate a deep passion for classical ballet and a commitment to excellence, through holistic and professional training in a safe, nurturing environment.

At ACA, we believe in developing technically proficient, artistically expressive, and musically refined dancers. Our curriculum is carefully designed to complement home studio training, while accelerating progress toward personal dance goals, competitions, auditions, and professional pathways.

Our Program Offers:

- Progressing Ballet Technique (PBT)
- Vaganova-based classical training program
- Mindset Coaching – to foster mental resilience, focus, and confidence
- Progressing Contemporary Technique (PCT)
- Open Contemporary Classes
- Classical Variation Coaching – tailored to each dancer's level and experience

Training Location

 **81 Mina Parade, Alderley**
(Attitude Dance Academy)

Our state-of-the-art facilities include:

- Spacious, fully sprung Tarkett flooring
- Floor-to-ceiling mirrors and professional barres
- Outdoor relaxation area for breaks
- On-site coffee shop for parents and students

Program Structure

Attitude Classical Academy runs three intensive training days per term, allowing dancers to fully immerse themselves in focused, high-caliber training that builds upon their existing studio work. Upon receiving a place within the program, we will set up a meeting with you and your dancer to discuss their specific goals, plans and what they wish to achieve out of being an ACA student.

Private Classical Coaching is also offered to all ACA students and time slots will be released at the start of each term for you to book in.

ACA intensive days are always held on Fridays and term dates are released well in advance to allow families to plan ahead with ease.

Levels of Training

To best support individual progress, ACA separates training into two cohorts:

- Level 1/2
- Level 3/4

Placement into levels is determined by audition, with primary consideration given to technical ability, artistry, and readiness. While age is taken into account, we prioritise appropriate placement to ensure each dancer receives the guidance and challenge they need. Dancers must be 8 years and older to Audition.

A Day at Attitude Classical Academy

Level 1/2

9:00-9:15 Mindset
9:15-10:00 Contemporary
10:00-10:10 Break
10:10-11:00 PBT
11:00-12:15 Ballet Class
12:15-12:45 Lunch
12:45-1:45 Variations
1:45-2:00 Reflection
*Supervision from 8:30-3:30

Level 3/4

9:00-9:15 Mindset
9:15-10:00 Contemporary
10:00-11:00 PBT
11:00-12:30 Ballet Class
12:30-1:00 Lunch
1:00-2:15 Variations
2:15-2:30 Reflection
*Supervision from 8:30-3:30

Uniform Requirements

All students must attend training in the designated ACA uniform:

GIRLS:

- Any style classical leotard, free from embellishments and skirts
- Theatrical Pink Tights
- Canvas ballet flats with elastic
- Pointe shoes where appropriate (Students who have commenced pointe training will require pointe shoes for ballet class and variations)
- Gaynor Minden V-Waisted footless tights or similar
- Black crew Blochsocks or similar
- Hair in neat classical style (comfortable for PBT work laying on back on floor) with matching classical hair accessory.
- *Half tutus provided

BOYS:

- Any colour plain dance tee/singlet/leotard//biketard/unitard
- Any colour dance bike shorts or tights/biketard/unitard
- Black or White crew socks with matching canvas ballet flats
- Hair in neat style

Essential Equipment

- Exercise ball (correct size for height according to pbt.dance)
- Fusion ball
- Massage ball
- Power band (3m)
- Backalast *optional
- Toe socks *optional
- ^all items above can be purchased through pbt.dance however, similar items are acceptable
- Yoga mat *optional
- A4 Exercise book

All items can be purchased [here](#).

Fee Structure

Level 1/2 - \$360/Term

Level 3/4 - \$380/Term

Admin Fee - \$50/Annually

Fees are charged on a term basis and must be paid in full prior to the first ACA intensive Friday of each term. Should your child miss a Friday, there will be no refund/makeup lessons offered.

Auditions

Auditions are open to all and are held annually with dates released well in advance. We understand that Auditions can be quite a foreign and stressful experience for young dancers. As such, we work to ensure each child who attends an audition is made to feel reassured and walks away having had a positive experience. An ACA audition is simply run as an open classical class for our staff to be able to assess and determine if the program will be suitable for your dancer and which level they would fit into.