

DANCE TIME



PROSPECTUS FOR PRE-KINDY!



*An inspiring exploration of movement
that will get your little one grooving.*

DANCE TIME



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Part 1 - About the Program

Our Pre-kindergarten program gets little one up, moving and having so much fun! Our team has worked to ensure that our program reflects the outcomes from the Early Years Learning Framework. The program has been set up in accordance with the framework to ensure that your little one learns more than dancing. Your little one will love learning all about themselves and the world around them. We can't wait for your little one to discover the endless possibilities and reach their milestones with Dance Time. For more information on the Early Years Learning Framework [click here.](#)



Part 2 - Social and Communication

We ensure our pre-kindy students have time in their classes to engage with their teachers, parents and each other. We start every class with a welcome song and a self introduction. This gives the kids a sense of identity within the class and allows them to build confidence when introducing themselves. We also have free play on all of our soft acro equipment, which encourages kids to play on their own and with one-another. Not only is this a great bonding experience, but a great opportunity for your child to make their own learning choices.

EYLF Outcomes 1, 2 and 3



Part 3 - Body Awareness and Coordination

Our Pre-kindy students work on building their body awareness and coordination. We work to develop our students understanding of their bodies and how they work. Children will have fun making their bodies into different shapes whilst learning new moves. We start teaching children the foundations of dance which gives them new and exciting challenges. These challenges are measurable and achievable. We make sure to celebrate when they are reached.

EYLF Outcomes 2 and 4

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Part 4 - Sensory and Fine Motor Skills

Our Pre-kindy program works to develop their sensory awareness and fine motor skills further. We introduce our students to many different objects, sounds and the environment of which they come from. Whether we are picking flowers from the garden or throwing stars into the sky, your little one will be in awe. We use musical instruments to develop fine motor skills and introduce them to the concept of keeping in time with these instruments.

EYLF Objectives 3 and 5



Part 5 - Movement

Our Pre-kindy program has lots of dancing within it! We use fun, engaging music which we connect movements to for your little one to understand. From marching like a giraffe to flying around the room like a bird. We set up new obstacles for our pre kindy students such as hoops to jump through and planks to balance along, making the whole experience lots of fun. Your little one will build strength, stamina and ultimately confidence from reaching achievable goals.

EYLF Outcomes 1, 2, 4 and 5



Part 6 - Class Outline

Introduction - Hello song and self introduction

Body Parts/Awareness- ballet foundation exercise to teach children how to safely use their body parts

Sensory Awareness - connecting different objects and sounds to their natural habitats

Music Awareness - following the direction of different songs

Musical Instruments - developing fine motor skills and timing

Dancing - learning new dance moves and developing coordination

Animals - using images and movement to teach children about animals and their environments

Acro free play - free play on soft equipment (self derived learning)

Goodbye song