

# DANCE TIME



PROSPECTUS FOR KINDY!



A thrilling adventure to get your little one  
ready for pre-school!

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## Part 1 - About the Program

Our Kindy program gets kids up and moving in the most engaging and productive way. We work to prepare little ones for the classroom by teaching them classroom etiquette and the importance of hardwork. With our Dance Time passports, your little one will be able to measure their progress and see just how far they have travelled! We teach kids about music and movement through engaging songs and the use of imagery. We also introduce this age group to tap dancing and more structured acrobatics to help develop their coordination, timing and strength. For more information on the Early Years Learning Framework [click here.](#)



## Part 2 - Social and Communication

We ensure our Kindy students have time in their classes to engage with their teachers, parents and each other. At the start of every class each child gets to introduce them self and show their own dance move . We aim to celebrate each Childs individuality and show them how awesome it is to be themselves. Students are taught to listen to their teachers and how to appropriately communicate in a class room. Students are also given time within the class to communicate and work with one another. We aim to help kids build connections with each other.

**EYLF Outcomes 1, 2 and 3**



## Part 3 - Body Awareness and coordination

In this program we work to develop each Childs coordination and understanding of movement. We teach little ones the importance of warming up and stretching our bodies before physical activity. We work a lot on coordination within this program. You will see this as we begin putting different sequences of steps together. These are great exercises to develop cognitive thinking as students use their minds to allow their different body parts to work together.

**EYLF Outcomes 2 and 4**



## Part 4 - Tap and Jazz

We introduce our Kindergartens to some new, more specific dance styles in this program.

Students will have fun bopping, clapping and skipping along to their favourite songs, whilst learning new jazz moves. They will also develop their cognitive thinking and musicality with the addition of tap dancing. Students will have a blast learning how to make noises with their feet and how to keep in time with one another and the music.

**EYLF Objectives 3 and 5**



## Part 5 -Acro

Our Kindergartens get to not only play and have fun on our awesome acro equipment, but get to start learning some basic acrobatics. We work to build strength and flexibility and introduce our kindy students to the acro foundations. From forward rolls to cartwheel preps, your little one will love flipping, rolling and tumbling all over our soft equipment. We ensure that your little one can do all of this safely with the help of our highly trained staff and proper spotting practices.

**EYLF Outcomes 1, 2, 4 and 5**



## Part 6 - Class Outline

*Introduction - Self introduction with dance move*

*Body Awareness/coordination - walking, marching, bending and swaying in all different sequences*

*Imaginative movement - using imagery to connect different moves with daily activities from the outside world*

*Jazz combinations - put different steps together to make fun jazz combinations*

*Tap - learning core tap steps*

*Acro - fitness and acro foundation skills being built*

*Stretch and Cool down*

*Goodbye song*